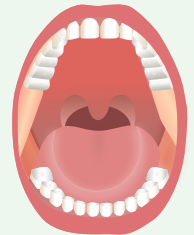




Oral Health Quiz

1. How many adult teeth do we have in our mouths?

- A. 32
- B. 25
- C. 48
- D. 18



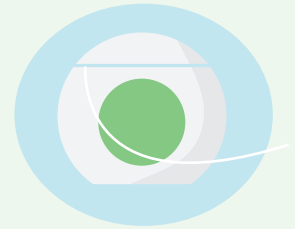
2. Fill in the blank

You should brush your teeth for _____ minutes, _____ times and floss _____ per day.



3. What is dental floss used for?

- A. To make space between teeth
- B. To clean food and bacteria from between teeth
- C. To keep your mouth closed
- D. To pull out loose teeth



4. What is the healthiest drink for your mouth?

- A. Soda
- B. Coffee
- C. Tea
- D. Water



5. When should a child have their first dentist appointment?

- A. When they reach kindergarten
- B. Age 12
- C. By their first birthday or have their first tooth
- D. When they have a cavity



Answers: 1.A, 2.Two, Two, Once, 3.B, 4.D, 5.C



The Power of Smile™

Learn more about how your oral health connects to your overall health at:
DeltaDentalNE.org



Delta Dental of Nebraska